



## DEPARTMENT OF THE NAVY

COMMANDING OFFICER  
TRAINING SQUADRON TWENTY-SEVEN (VT-27)  
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CORPUS CHRISTI TX 78419-5245

VT-27INST 1720.1  
22 Jul 11

### TRAINING SQUADRON TWENTY-SEVEN INSTRUCTION 1720.1

Subj: SUICIDE PREVENTION

Ref: (a) OPNAVINST 1720.4A  
(b) NAVADMIN DTG 231556Z APR 09  
(c) MILPERSMAN 1770-010,080,090  
(d) COMTRAWINGFOURINST 1720.2A  
(e) VT-27INST 5360.1A

Encl: (1) Suicide Prevention/Attempt Checklist  
(2) First Responder To Suicidal Threat/Gesture

1. Purpose. To establish policy and guidelines regarding suicide prevention initiatives in Training Squadron TWENTY-SEVEN (VT-27) per references (a), (b), (c), and (d).

#### 2. Definitions.

a. Suicide is self-inflicted death with evidence (either explicit or implicit) of intent to die.

b. A suicide attempt is self-inflicted, potentially injurious behavior with a non-fatal outcome for which there is evidence (either explicit or implicit) of intent to die.

c. Other suicide-related behaviors are expressed suicide-related thoughts, suicide-related communications, and non-fatal, self-injurious behavior without evidence of intent to die.

3. Policy. Department Heads and Division Officers shall support aggressive suicide prevention programs emphasizing leadership training, value of life initiatives, and suicide awareness education.

4. Coordination. A VT-27 Flight Instructor will be designated the Suicide Prevention Coordinator (SPC) to coordinate local efforts and resources. The SPC shall work with the Fleet and Family Service Center Director on suicide prevention measures and training.

5. Action.

a. Promulgate Standard Operating Procedures:

(1) The Suicide Prevention/Attempt Checklist, enclosure (1), should be utilized for phone contacts. A copy of enclosures (1) and (2) shall be posted in the departmental offices and a copy of this instruction shall be maintained at the Operations Duty Officer's desk.

(2) Ensure Command Duty Officers (CDO)/Operations Duty Officers (ODO)/Assistant Operations Duty Officers (AODO) are briefed on required actions in the event of a suicide gesture or attempt.

(3) All personnel, whether active duty, reserve, dependent, or civilian, having suicide attempts or other suicide-related behaviors shall be considered as medical emergencies and shall be taken to the nearest treatment facility. A qualified medical professional will make a determination on the treatment needed including follow up treatment. The command will be responsible for ensuring this treatment is completed.

(4) Identify "high risk" personnel through Human Factors Councils and report them to the Chain of Command, Flight Surgeon, or Chaplain as soon as possible. "High risk" personnel are those having problems with family, relationships, job, Navy and finances; having made previous suicide attempts; having experienced a recent suicide; or having had a significant change in behavior including unusual withdrawal, isolation, aggression, disinterest, moodiness, or crying spells.

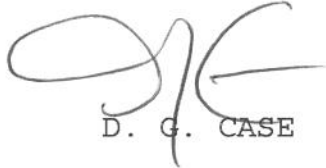
b. Report suicides, attempts and other suicide-related behaviors as follows:

(1) Personnel Casualty Reports are required, per reference (c) and (e), for suicides and suicide-related behaviors which result in very serious injury, serious injury or evacuation.

(2) Operations Event/Incident Report (OPREP-3) reporting is required for all suicide-related behaviors regardless of severity or outcome. Ensure Chief of Naval Personnel (PERS-663) is included as an action addressee, as required by reference (a) and (e). Include the Commander, Naval Air Forces, and Chief of Naval Air Training as information addressees.

c. Annual training in the form of General Military Training will be given to ALL HANDS concerning suicide awareness.

d. All new check-ins will receive a command level brief from the SPC or his/her representative on Suicide Prevention and be given a command Emergency Contact card.



D. G. CASE

SUICIDE PREVENTION/ATTEMPT CHECKLIST

1. If you receive notification of an attempted suicide:

a. Date and time: \_\_\_\_\_

b. Caller's name, location, phone number: \_\_\_\_\_

c. Name and description of victim, including sex, approximate age, etc: \_\_\_\_\_

d. Description of incident and required medical assistance, including nature of wounds and current help on the scene: \_\_\_\_\_

2. Suicidal patients will be treated as a medical emergency. If their actions have put their health in immediate risk, call 911 immediately for an ambulance. If they are not in immediate physical danger, they shall be brought to the closest emergency room. Also, if not in immediate physical danger during Naval Health Clinic Corpus Christi operational hours (M-F 0730-1630), if feasible they can be brought there. The office receiving the call should notify at a minimum.

a. Commanding Officer (CO)/Executive Officer (XO)

b. CDO/ODO/AODO

c. Flight Surgeon

d. Naval Health Clinic Corpus Christi with above information

e. Naval Health Clinic Corpus Christi Mental Health department during working hours

f. Department Head

g. Marine Air Training Support Group 22 (If Marine)

h. Squadron Augmentation Unit CO (If Reserve)

i. Suicide Prevention Coordinator

3. Release OPREP-3 and Personnel Casualty Report, as required

Enclosure (1)

FIRST RESPONDER TO SUICIDAL THREAT/GESTURE

1. Questions to ask the individual: (If yes to any of the following consider this a serious threat)

- a. Is the person talking about harming himself/herself or someone else?
- b. Does the person have a plan (have he/she thought about how they would carry the act out)?
- c. Do they have the means to carry it out (guns, knives, ropes, pills, etc)?
- d. Have they decided on a time?

2. What to do next:

- a. Remain calm
- b. Call or send someone for help
- c. NEVER leave the person alone after a threat is made
- d. Buy time by listening to them and offering words of encouragement.

3. Useful phone numbers:

- a. 911
- b. VT-27 Duty Office 361-961-2181
- c. VT-27 Command Duty Officer 361-533-4722
- d. Flight Medicine 361-961-3410
- e. Navy Health Clinic Corpus Christi 361-961-2688
- f. Mental Health Clinic 361-961-3620
- g. Chaplain 361-961-3751
- h. Fleet and Family Support Center 361-961-2372
- i. Military One Source 800-342-9647